

PROF.DR. MED. CARLA STECCO



is one of the most important scientists in the area of myofascial tissue and fascia research. Groundbreaking was her first anatomical atlas of the fascia, which represents a milestone in fascial research, and in which the fascia systematics and their important role in anatomy was described for the first time. Prof. Stecco, orthopedic doctor and professor for anatomy in Padua, Italy, not only has undisputed scientific competence, but also a rich clinical experience from regular consultancy work. For many years she has been giving courses worldwide according to the "Fascial Manipulation®/Stecco®" curriculum and is a speaker at conferences worldwide.

DR.MED. HANNES MÜLLER-EHRENBERG



Orthopedic doctor, has been working on the myofascial syndrome for almost two decades. He was founding president of the MGMS e.V. (Medical Association for Myofascial Pain) and is Senior Instructor IMTT, Instructor DIGEST and ISMST as well as lecturer, speaker and author on ESWT, myofascial syndrome and fascia at international events.

Board member: MGMS and DIGEST.

HYBRID COURSE LEVEL 1 MÜNSTER 27.-29.01.2022

HYBRID COURSE LEVEL 2 MÜNSTER 16.-18.06.2022

Course location: Kapuzinerkloster,
Kapuzinerstraße 27, 48149 Münster

Course language: Englisch

Course fee: 1052.-€ (1000€ for MGMS-e.V. Members)

Certification: 45 Credits (Ärztchamber Westfalen-Lippe)

Necessary prerequisite for Level 2 is Level 1

REGISTRATION:

AKADEMIE FÜR MYOFASZIALE MEDIZIN

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FASCIAL MANIPULATION FOR PHYSICIANS WITH PROF. CARLA STECCO

Münster

Level 1, 27.-29.01.2022

Level 2, 16.-18.06.2022



AKADEMIE FÜR
MYOFASZIALE MEDIZIN

DEAR COLLEAGUES,

The International Fascial Manipulation Course for Physicians with Prof. Carla Stecco in Münster in June 2019 was a great success. The 4-day course has shown that fascial manipulation and shockwave therapy complement each other perfectly, and that they can be taught together both theoretically and practically in a medical course. Unfortunately, the pandemic blocked us for almost two years. But it has also brought us new and more flexible forms of teaching. We have developed high-quality hybrid courses that consist of a mix of online and onsite seminars. The aim of this training program is to update physicians about the state of the art in the anatomy of myofascial tissue and to teach to diagnose and treat myofascial structures (which make up about 40-50% of body mass) as a common structural and functional cause of disease. In these courses the "Stecco Method ©" of Fascial Manipulation "meets" medical treatments like ESWT and needling techniques. The theoretical part is taught as an on demand online seminar (approx. 13 hours). This is followed by a 3-day, primarily practical, onsite course. A special concern of the organizers is to bring together doctors from different countries to exchange experiences about "myo-fascia in medicine" in a beautiful ambience. The course location of the Capuchin Monastery of Münster (with rooms, kitchen, gardens) and the city of the Peace of Westphalia itself offer many attractions and a special atmosphere. We look forward to welcoming you to Münster.

Carla Stecco

Hannes Müller-Ehrenberg

LEVEL 1 -COURSE
MÜNSTER 27.-29.01.2022

Programm:



On-Demand Online-Course (Self-Study)
(will be activated after registration and is available up to one month after the end of the course): Introduction to fascia manipulation, anatomy, physiology, motor sequences

On-Site Course

- Do.-Sa. 8:00-9:00 Fascia training / fascia yoga (practical exercises)
- Do.+ Fr. 9:00-18:00 Short repetition, ESWT, proprioception, treatment techniques, sonography, documentation protocols .
- Sa. 8:30-17:00 Fascia pathologies. Principles of fascial manipulation therapy, demo and exercise. Test.

Fringe Program:

Included in the price: Coffee breaks- Get-Together with Aperitif, Lunch.



LEVEL 2 - COURSE
MÜNSTER 16.-18.06.2022

Programm:



On-Demand Online- Course (Self-Study)
(will be activated after registration and is available up to one month after the end of the course): advanced fascial manipulation, anatomy of the diagonals and spirals, physiology, movement analysis

On-Site Course

- Do.-Sa. 8:00-9:00 Fascia training / fascia yoga (practical exercises)
- Do.+ Fr. 9:00-17:30 Short repetition, ESWT, dry needling. Demo and practice
Movement analysis / fascia in sport
- Sa. 9:00-16:00 Practice of fascial treatment, case studies. Sonography of the fascia

Fringe Program:

Included in the price:
Coffee breaks - Get-Together , Lunch, Bicycle Tour, Barbecue in the monastery garden.

